Flash Forward
a remembered story of change

"To exist is to change, to change is to mature,
to mature is to go on creating oneself endlessly."
-Henri Bergson

Brainstorm the story of character(s)'s change & growth over a lifetime:
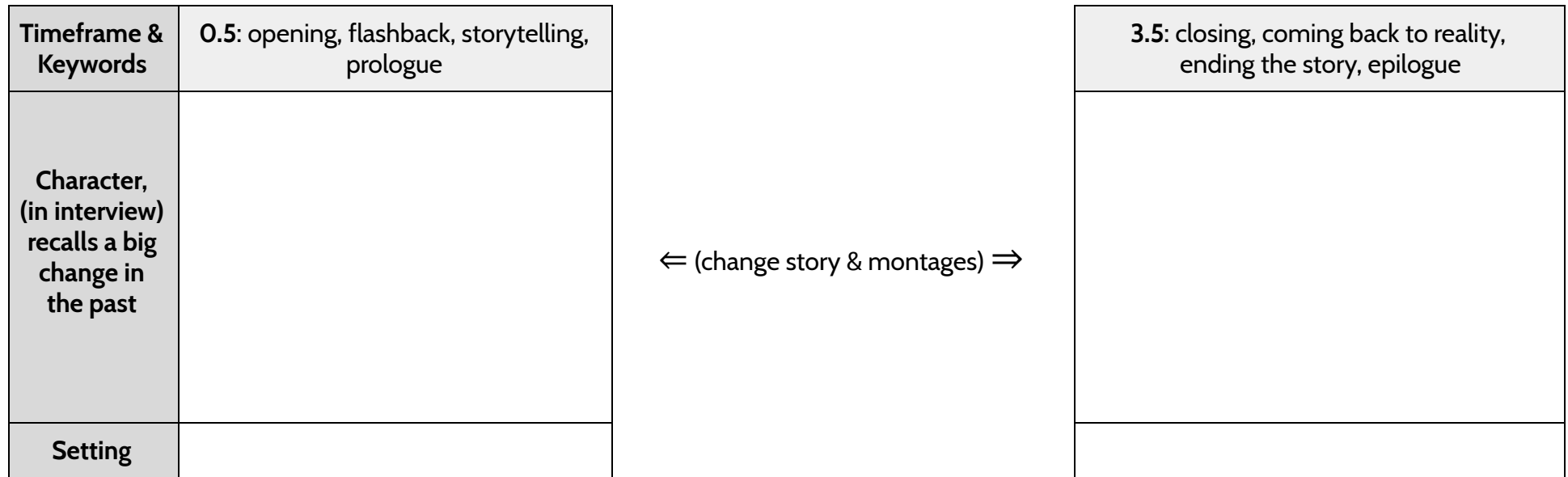
Timeframe & Keywords	**1**: child, seed, problem, lost, plan	**2**: teen, seedling, work, searching, action	**3**: adult, plant, solution, found, results
Character(s)'s Experience (write the main action of the scene)			
Setting			

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1.5: montage of time passing (3 shots to evoke mood & change)		

2.5: montage of time passing (3 images to evoke mood & change)		

Next, consider how to bookend the short film about change by way of a flashback:

Timeframe & Keywords	0.5: opening, flashback, storytelling, prologue	3.5: closing, coming back to reality, ending the story, epilogue
Character, (in interview) recalls a big change in the past		⇐ (change story & montages) ⇒
Setting		

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To film & edit, plan your video to run in this sequence:

	Scene	Plan for Story	Plan for Gathering Footage
0.5	Flashback Begins	☐ establishing shot* ☐ interview style storytelling to begin flashback	shot in the studio by appt.
1	Time Frame 1	☐ establishing shot* ☐ sequence of 1 or more shots for the scene	2 day principal photography
1.5	Montage	☐ at least three-image montage sequence to show passage of time	1 captured footage, 2 stock
2	Time Frame 2	☐ establishing shot* ☐ sequence of 1 or more shots for the scene	2 day principal photography
2.5	Montage	☐ at least three-image montage sequence to show passage of time	1 captured footage, 2 stock
3	Time Frame 3	☐ establishing shot* ☐ sequence of 1 or more shots for the scene	2 day principal photography
3.5	Flashback Ends	☐ establishing shot* ☐ Interview style storytelling	shot in the studio by appt.

*Establishing shots can be captured footage, stock video, or a still image. Establishing shots for scenes 2, 3, and 3.5 are only required if the setting changes from prior scene.